



RELEVANT CHURCH CORONAVIRUS CRISIS

# MENTAL & EMOTIONAL HEALTH RESOURCES

## **24-hour Suicide Prevention Lifeline:**

Call **800-273-8255** or text **838255**

## **24-hour Domestic Violence Hotline:**

Call 800-799-7233 or click [Chat Now](#)

**Call 911** if you or the person you are helping is in immediate danger.

## **Disaster Distress Helpline:**

Call **800-985-5990 (TTY 800-846-8517)** or text **TalkWithUs** to **66746** for 24/7 support.

## **Crisis Text Line:**

Text **HOME** to **741741** for 24/7 crisis support.

[California Suicide & Crisis Hotlines](#): Find phone numbers and links to all the suicide and crisis hotlines by county in California.

## **California Peer-Run Warm Line:**

Call **855-845-7415** for 24/7 non-emergency support.

## **California Youth Crisis Line:**

Youth ages 12-24 can call or text **800-843-5200** or chat online for 24/7 crisis support.

## **TEEN LINE:**

Teens can talk to another teen by texting **"TEEN"** to **839863** from 6pm – 9pm, or call **800-852-8336** from 6pm – 10pm.

**FOR MORE, VISIT:** <https://covid19.ca.gov/resources-for-emotional-support-and-well-being/>

